



DIGEST

PREPARING FOR AND SURVIVING AN EARTHQUAKE

If you were in Los Angeles County on February 9, 1971, you remember the Sylmar earthquake. The recent quake in Coalinga, California reminded us all that we live in Earthquake Country. There are a few things to keep in mind before, during and after an earthquake. You might want to keep this little guide and refer to it from time to time. More extensive information is in the front pages of your telephone directory (white pages). The main thing to remember is to be prepared to be self-reliant for 72 hours. Most injuries are caused by falling objects and collapsing structures.

Before An Earthquake

A. HOME PREPAREDNESS

1. Check your home for earthquake hazards. Bolt down or provide other strong support for water heaters and other gas appliances since fire damage can result from broken gas lines and appliance connections. Use flexible connections wherever possible. Place large and heavy objects on the lower shelves. Securely fasten shelves to walls. Brace or anchor high or top-heavy objects.

2. Hold occasional home earthquake drills to provide your family with the knowledge to avoid injury and panic during an earthquake. Be prepared to help the handicapped.
3. Teach responsible members of your family how to turn off electricity, gas, and water at main switch and valves.
4. Provide for responsible members of your family to receive basic first aid instruction and CPR training because medical facilities may be overloaded immediately after a severe earthquake. Call your local Red Cross for information about classes.
5. Keep a flashlight and a battery powered portable radio with extra batteries in the home, ready for use at all times.
6. Keep immunizations up to date for all family members.
7. Conduct calm family discussions about earthquakes and other possible disasters. Do not tell frightening stories about disasters. Have an agreed place to reunite after a quake.

B. EMERGENCY SUPPLIES

1. Water—2 quarts to 1 gallon per person per day.
2. First Aid Kit—ample and freshly stocked.
3. First Aid Book—know how to use it.
4. Food—canned or dehydrated—enough for 72 hours. Pre-cooked and/or requiring minimum heat and water. Consider infants, pets and other special dietary requirements.
5. Can opener.
6. Blankets—or sleeping bags for each member of family.

7. Critical medication and glasses—as required.
8. Fire extinguisher—dry chemical.
9. Watch or clock—battery or spring wound.

During An Earthquake

- A. *Remain calm.* Think through the consequences of any action you take—it may mean your safety and the safety of others. Try to calm and reassure others. Don't you be the burden to those around you.
- B. If indoors, get under a sturdy table, desk, or bed; in a corner away from windows; or in a strong doorway. Watch for falling plaster, bricks, light fixtures, and other objects. Watch out for high bookcases, china cabinets, shelves, and other furniture which might slide or topple. Stay away from windows, mirrors, and chimneys. Encourage others to follow your example. Usually it is best not to run outside.
- C. If in a high-rise building, get under a desk or sturdy table. Do not dash for exits since stairways may be jammed with people. Power for elevators may fail. Use stairs, not elevators to evacuate.
- D. If in a crowded store, do not rush for a doorway since hundreds may have the same idea. If you must leave the building choose your exit as carefully as possible.
- E. If outside, avoid high buildings, walls, power poles, power lines and other objects which could fall. Do not run through streets. If possible move to an open area away from all hazards. If in a car, stop in the safest place available, preferably an open area and stay inside until shaking stops.

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MAY 25

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FOURTEEN COUNTY DEPARTMENTS RECEIVE AWARDS AT U.S. SAVINGS BONDS PROGRAM

BONDS PROGRAM

"Secretary of the Treasury Donald T. Regan requested that Los Angeles County be the Model County for the U.S. Savings Bond Campaign in 1983," said Chairman of the Board of Supervisors Michael D. Antonovich at the awards program held May 3 in the Hall of Administration.

He announced that Los Angeles County employees alone had exceeded the U.S. Treasury's national goal for all County governments throughout the United States.

United States Treasurer Angela M. Buchanan was on hand for awards to fourteen County departments. She presented a U.S. Treasury Award for Patriotic Service to Los Angeles County for its model role in the national campaign.

Mr. A. Robert Abboud, President and Chief Operating Officer, Occidental Petroleum, and California State Volunteer Chairman, U.S. Savings Bonds Industry Chairman for Petroleum and Coal presented an award to Los Angeles County in commemoration of its success in the 1983 campaign.

Five County departments were selected for Departmental Achievement Awards. All departments were placed

in groups according to number of employees. The department in each group with the most employee participation received an award.

Supervisor Antonovich presented awards to the following department heads who received them on behalf of employees in their departments:

— Group "A"—Departments with over 2,000 employees:

DEPARTMENT OF PUBLIC SOCIAL SERVICES
30.7% employee participation
Eddy Tanaka, Director

— Group "B"—Departments with 1,000 to 1,999 employees

DATA PROCESSING
21.5% employee participation
Edgar Hayes, Director

— Group "C"—Departments with 300-999 employees

PUBLIC LIBRARY
50.7% employee participation
Linda Crismond, County Librarian

— Group "D"—Departments with 100-299 employees

TREASURER-TAX COLLECTOR
37.8% employee participation
H. B. Alvord, Treasurer and Tax Collector

— Group "E"—Departments with less than 100 employees

FARM ADVISOR
25% employee participation
Dr. Nicelma J. King, Director

Special Achievement Awards were presented to those departments having a 20% or better employee participation rate (exclusive of the Departments which won the Achievement Award in their respective category.) They were:

— DEPARTMENT OF ADOPTIONS—35.6% employee participation
Helen Ramirez, Director

— AGRICULTURAL COMMISSION—21.9% employee participation
Paul B. Engler, Agricultural Commissioner

— AUDITOR-CONTROLLER—21.5% employee participation
Mark Bloodgood, Auditor-Controller

— CHIEF ADMINISTRATIVE OFFICE—35.7% employee participation
Harry L. Hufford, Chief Administrative Officer

— COLLECTIONS—41.4% employee participation
Willis S. Sherrill, Director

— PARKS AND RECREATION—25.6% employee participation
Ralph Cryder, Director

— PUBLIC ADMINISTRATOR—28.9% employee participation
Gordon Treharne, Public Administrator

— REGISTRATOR-RECORDER—35.9% employee participation
Leonard Panish, Registrar-Recorder

— SENIOR CITIZENS AFFAIRS—22.0% employee participation
Robert Medina, Director

Supervisor Antonovich presented a scroll containing an artistic rendering of the February 1, 1983 Resolution by the Los Angeles County Board of Sup-

erisors, declaring February 22 through March 11, as the United States Bond Campaign for all Los Angeles County employees to Treasurer Buchanan.

County of Los Angeles

DIGEST

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Supervisor Antonovich accepts award to Los Angeles County for patriotic service from U.S. Treasurer Angela M. Buchanan. The award was given for our leadership in the nationwide U.S. Savings Bonds Campaign for Counties.

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After An Earthquake

- A. Check for injuries to family members and close neighbors and render first aid.
- B. Check for fires or fire hazards.
- C. Wear shoes in all areas near debris or broken glass.
- D. Check utility lines and appliances for damage. If they are not damaged they should not be turned off. If you smell gas or suspect leaks, shut off the main valve and open windows. If there is damage to your house wiring do not use matches, lighters, open flame appliances or operate electrical switches until you are sure no gas leaks exist.
- E. Do not eat or drink anything from open containers near shattered glass. Liquids may be strained through a clean handkerchief or cloth if danger of glass contamination exists.
- F. If the power is off, check your refrigerator and freezer and plan meals to use up foods which will spoil quickly.
- G. Do not spread rumors. They can do great harm following disasters.
- H. Do not use your telephone except for genuine emergency calls. Turn on your radio for emergency information advisories.
- I. Check you chimney over its entire length for cracks and damage, particularly in the attic and at the roof line. Unnoticed damage could lead to a fire. The initial check should be made from a distance. Approach chimneys with caution.
- J. Check medical cabinet, closets and storage shelf areas. Open doors carefully and watch for objects falling from shelves.
- K. Cooperate with public service officials. Keep the street clear for passage of emergency vehicles. Do not go sightseeing immediately, particularly in beach and waterfront areas where seismic sea waves could strike.
- L. Be prepared for additional earthquake shocks called "after shocks." Although most of these are smaller than the main shock, some may be large enough to cause additional damage.

THE LOS ANGELES COMMISSION ON ASSAULTS AGAINST WOMEN HAS PROVIDED US WITH THE FOLLOWING SCHEDULE OF SELF-DEFENSE WORKSHOPS FOR JUNE. WOMEN MAY CALL (213) 651-3147 TO ENROLL.

- Saturday June 4—10:00 a.m. to 2:00 p.m.
Antioch University, Room 4
300 Rose Avenue
Venice, CA
- Friday June 10—9:00 a.m. to 1:00 p.m.
Auditorium
Women's Center at Council House
543 North Fairfax Avenue
Los Angeles, CA
- Saturday June 11—8:00 a.m. to 12:00 p.m.
Los Angeles Trade Technical College
Room J212, Physical Education Building
(corner of 23rd and Flower)
400 W. Washington Blvd.
Los Angeles, CA

For self-defense workshops outside these areas, call the office of the Los Angeles Commission on Assaults Against Women at (213) 938-3661.

Retirees . . .

The following people have retired in recent months after more than thirty years of service to the County:

Sheriff: Donald P. James, George Kipley, David Greenlee, John McFarlane, William F. Kennedy.

Engineer: Manuel J. Dimas, Warren Olney.

Mechanical: Edward R. Gilmore, William F. Lowell.

Fire: Floyd Chambers, Eladio Carrillo.

Also: Dorothy M. Kunz, Public Social Services; Minnie Rodriguez, Affirmative Action.

The following have retired with over twenty-five years of County Service:

Mechanical: William Belding, Rudolf F. Ritschel, Foster K. Sparkman.

Public Social Services: Dorothy G. Davis, Bertha M. Jones.

Federal Reserve Bank Assists County In Issuing U.S. Savings Bonds Certificates

As a result of the overwhelming increase in the number of U.S. Savings Bonds purchased by County employees, procedures for the preparation of the bond certificates have been changed.

In the past, the Treasurer-Tax Collector prepared the actual bonds and they were received by employees approximately one month after the required amount was deducted from the paycheck. The Treasurer-Tax Collector has been overwhelmed by the increase, and we have now arranged for the Federal Reserve Bank to assist in issuing the bonds.

It is anticipated that bonds should start arriving June 1, 1983 for those employees whose April 10th payroll deduction was in itself sufficient to purchase a bond. Although the bonds are taking longer to be processed, they will still reflect the date in which the payroll deduction was made, to ensure that no interest is lost.

Since bonds must be held for six months before they can be cashed, no bondholder will be inconvenienced. The County expects to get back to a one month turnaround in late July, 1983.

PLEASE CALL POLICE

CAR SAFETY SIGNS AVAILABLE FOR MOTORISTS

An inexpensive reflective banner that asks passing drivers to "Please Call Police" and help the stranded motorist is available from the Los Angeles Commission on Assaults Against Women (LACAAW).

The reusable plastic banner is recommended as an important part of every car's safety equipment by law enforcement agencies throughout Los Angeles County. The banner folds down to fit inside a car's glove compartment.

When a motorist has car trouble, all he or she needs to do is lock the car doors, get the banner out of the glove compartment and place it in the rear window (stickers are provided), and wait for the police to arrive.

"Motorists do respond by calling police," said Judy Ravitz, executive director of LACAAW, "and we feel this will help deter potential attackers because the police may arrive any sec-

ond. It's also a good safety measure because you don't have to get out of your car and take the chance of being hit by traffic."

The signs can be ordered by sending a \$4 donation per sign and 50 cents for postage and handling per sign to LACAAW, P.O. Box 48903-T; Los Angeles, CA 90048. Proceeds go to the Commission's 24-hour rape and battering hotline and prevention programs.