



DIGEST

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Los Angeles County Salutes "The Lady"



Campaign Chairman, Supervisor Kenneth Hahn salutes the Statue of Liberty.

Spangled Banner and USC Medical Center Chaplain Phil Manley presented the invocation.

Master of Ceremonies, Supervisor Hahn then introduced Grammy award winner Andre Crouch and musical entertainer Sandra Crouch, who provided a mixture of patriotic and gospel sounds; film star Barbara Eden and Comedian Billy Braver each presented a short tribute to the Statue of Liberty. Closing the program, pianist Bob Smale accompanied vocalist Dick Dale in a rendition of "L.A., L.A.," a new song written and introduced at the rally by Dr. Ted Twitchell.

During and following the official ceremonies, guests examined displays or purchased memorabilia offered at booths provided by vendors authorized by the Statue of Liberty-Ellis Island Foundation. A portion of all receipts are donated to the Foundation.

A highlight of the day for many visitors was the Photo Button Booth. Everyone was invited to have a photo taken standing beside a 10-foot tall replica of the Statue of Liberty to record for posterity their support and participation at this historic event!

A raffle booth provided all those interested an opportunity to win a variety of donated prizes. At the close of each day's celebration, names were drawn to select the lucky winners. The two grand prize winners were Carmen Lewis, County Clerk/Superior Court and Alice Schultz, Museum of Art. Both won a framed commemorative display of six Statue of Liberty pins.

This special event is one of many fund raisers scheduled throughout the County by various departments. If you missed this opportunity to participate in the campaign, contact your department-

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On Wednesday, September 11th, a lunch time crowd of several hundred County employees gathered in the Civic Center Mall for the Statue of Liberty Campaign rally. Music, colorful booths, flags, souvenirs and refreshments added to the festivities. The ceremonies were opened by Supervisor Kenneth Hahn, Board-appointed Campaign Chairman. He welcomed honored guests and spoke of the Statue's significance to the County and the Nation. The presentation of the flags by the Los Angeles County Sheriff's Department Honor Guard, was followed by the pledge of allegiance led by Commander W.A. Anderson. Actress Susan Richardson led the crowd in enthusiastic singing of the Star



SEPTEMBER 11 — NOON DAY CIVIC CENTER MALL CEREMONIES

Participating are, from left Musical entertainers: Andre Crouch, Sandra Crouch and group members, David Callister and Tuffy Cummings; Campaign Chairman Supervisor Kenneth Hahn; Actress Barbara Eden; TV Personality Susan Richardson and daughter; and Comedian Billy Braver.

Can You Hear Me?

Do you frequently have to turn up the TV? Are people mumbling more than they used to? Do people often have to repeat what they say to you? If so, you may have the beginnings of hearing loss.

Damage to the eardrum, the three tiny bones called ossicles, to the inner-ear fluid, or to the snail-shaped bone containing 16,000 hair cells, will trigger the beginning of hearing loss.

Once damage has occurred, it's irreversible, so your best bet is clearly through prevention. That means protecting your ears with some kind of device when they are exposed to hazardous levels of noise.

An otologist reports that noise creates more hearing losses than all other causes combined. Over 40 million people, not including industrial workers, are exposed to potentially harmful noise levels, sometimes without even knowing it.

While industry takes care to protect

workers' hearing, a lot of damage is done off the job. Disco music, highway traffic, stereo headphones, airports, TV, video arcades, subways are all loud noises.

If you could look into the human ear, you'd be amazed at how tiny the whole hearing mechanism is. Within the space of a cubic inch it is capable of changing the physical pressure of sound waves into distinct electrical impulses.

Ears actually feel the sound of waves in the air, then amplify and transmit those sensations to your brain.

Ear problems are hardly a rarity. More people suffer from hearing disorders than from heart disease, cancer, blindness, tuberculosis, multiple sclerosis and kidney disease combined. It's difficult to ignore the fact that about 30 percent of adults over age 65 have a hearing handicap.

Diet and hearing loss

A certain amount of hearing loss is a normal consequence of aging. In most cases this type of loss responds well to the use of hearing aids. But there may be a way to prevent it, or at least delay its onset.

In a nine-year study conducted in Finland, researchers showed that a low-fat diet was very helpful in preventing and even improving the hearing of older people. They had earlier studied a tribe in Sudan that lived on a diet very low in saturated fats. Among other good health factors, the natives were found to have no high blood pressure or hardening of the arteries, and they showed superior hearing as they got older.

This was attributed to their diet. It keeps not only coronary arteries open, but keeps the tiny vessels in the ear open too.

Since the inner ear depends upon a constant fresh flow of blood for the nutrients that keep it functioning, we can see why clogged arteries can affect hearing.

RETIREES . . .

The following people have retired or have been approved for retirement by the Retirement Board in recent months after more than thirty years of service to the County:

CAO: Charles R. Steakley

Children's Services: Sara E. Grimes

District Attorney: Louis Swayne, Jr.

Flood Control: James H. Whitbord

Health Services: Mildred Brown, Emma L. Johnson, Leanna Stromile, Patricia S. O'Brien

Road: Robert V. Correa

Sheriff: Martin Orloff, Benjamin J. Hatfield

Superior Court: Yoshiye Yamada

The following have retired or have been approved for retirement by the Retirement Board with over twenty-five years of County service:

Children's Services: Jacqueline Guillory

District Attorney: William R. Burnett, Jr.

Facilities: Frank Mosley

Health Services: Olivia M. Griffin, Therese M. Jackuback

Marshal: Frank L. Duvall

DPSS: Delos Ginn, Vessa Jones

Public Works: Timothy Melton

Purchasing & Stores: Samuel Roy Lenoir

Sheriff: Marilyn C. Castagna

County of Los Angeles

DIGEST

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LACERA Election Results

Congratulations to Simon S. Russin, recently elected to the Board of Investments of the Los Angeles County Employees Retirement Association.

Elected by the LACERA General Members with results certified by the Board of Supervisors, Simon Russin, Department of Health Services, will fill the office of the second member for a term expiring December 31, 1987.

Where Does Lightning Strike?

Lightning kills more Americans each year than hurricanes and tornados combined. It is also the greatest natural destroyer of property. Because it usually strikes only one building or one person at a time, it seems less dramatic than other natural disasters. Added up, however, the toll from lightning is greater.

Some 1,800 thunderstorms are going on around the world at any given moment, with about 100 lightning strokes to earth per second. The U.S. land areas receive about 90 million strikes each year.

Its likeliest targets are structures made prominent by height, ground area, isolation, or a combination of characteristics. But since a stroke does not select its target until the leader stroke is near the ground, it cannot be assumed that a tall object will shield a nearby lower one. The strike radius is only about 100 ft.

A study by the Lightning Protection Institute (LPI) shows that, in descending order of safety, recommended thunderstorm havens are:

1. Buildings with proper lightning protective systems and nonconductive floors.
2. Large buildings which are steel-framed.
3. Closed metal vehicles (but stay inside and park, or drive slowly).
4. Large buildings without lightning rods.

5. Small, unprotected buildings like houses.

In descending order, most indoor lightning casualties were: talking on the telephone, in the kitchen, doing laundry, watching TV, and at a door or open window. In an unprotected home or other building, stay off the phone except for emergency, and keep to the center of the largest room.

If a storm comes up while you are in an unprotected area outdoors, such as a beach, golf course or campground, avoid exposed shelters, open fields, open boats, and lone trees. Get off of your tractor, golf cart, bike or horse!

Don't swim. You are safer in a ravine, under a small tree, in timber, in a ditch or under a cliff.

On a farm or construction area, avoid machinery and metal objects, wire fences and dirt-floored, unprotected sheds or barns.

If lightning is striking around you and you can't get to shelter, kneel down with hands touching and feet touching. Place your hands on your knees, bend forward, and avoid touching the ground with anything but knees and feet.

John Anson Ford Awards Luncheon

Members of the Board of Supervisors will present awards for exemplary efforts in human relations at the 13th Annual John Anson Ford Awards luncheon Wednesday, October 2, noon, in the Blue Ribbon Room of the Music Center, sponsored by the County Human Relations Commission.

The 1985 Award Recipients are: Rafer Johnson, Olympic Champion and long time human rights activist; Reverend George Van Alstine, Minister of the Altadena Baptist Church; Nancy White, attorney with the Inner City Law Center, Boys Market, Inc., and the Pacific Citizen, a community newspaper published by the Japanese American Citizens League.

"The Lady"

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tal campaign coordinator. The County of Los Angeles has a fund raising goal of \$350,000 and with your help we will succeed!

Help Restore a Great American Lady!



Official Statue of Liberty pins, t-shirts and souvenirs on sale in the Mall.

Your contribution is tax deductible and entitles you to be listed on a permanent roster of supporters. All checks payable to the Statue of Liberty Foundation must be submitted to your departmental campaign coordinator by September 27.

The luncheon program includes award winning news commentator Bill Stout, highlighted by Supervisor Kenneth Hahn's installation of the Human Relations Commission's new officers: President Albert DeBlanc, Attorney; Vice-Presidents Ray Bartlett, Patricia Russell and Morris Kight; and Secretary Eleanor Montano. For luncheon reservations, call the County Human Relations Commission at 974-7611.

**WE
CAN'T
RUN
ON
EMPTY.**

GIVE BLOOD

Ad

County Receives 1985 NACO Awards

At a recent meeting of the Board of Supervisors, a number of Los Angeles County Departments were presented with National Association of Counties Achievement Awards. Winners throughout the County are recognized for their continuing contribution to strong and efficient County government. The Los Angeles honorees are:

- **Assessor**
California Counties Cooperative Audit Service Exchange
New Construction Statement Program
- **CAO**
U.S. Savings Bonds Program for Los Angeles County Employees
Volunteer Recognition and Awards Program
Countywide Criminal Justice Coordination Committee
- **Community Development Commission**
Multi-Family Mortgage Revenue Bond Pipeline Program
- **Community & Senior Citizens Services**
Community Food Basket Program
Income Generating Animal Licensing Projects
Increasing Older Americans Act Subcontractor Performance
- **Data Processing**
Mass Arrest System (JOINT AWARD WITH SHERIFF)
Election Materials Optical Scanning (JOINT AWARD WITH REGISTRAR-RECORDER)
Mental Health Management Information System (JOINT AWARDS WITH MENTAL HEALTH)
- **DPSS**
Synerteam — TEAM
Medi-Cal Automated Share of Cost Computation Module
Franchise Tax Board Assets Clearance Match
- **Executive Office of the Board of Supervisors**
Commission Services
- **Facilities Management**
Resident Relocation Program
- **Health Services**
Gordon Family Heart Fund
Return to Work Program-LAC/USC Medical Center
- **Human Relations Commission**
Minority Women's Employment Project
- **Library**
Los Angeles County Public Library Language Learning Centers
Microcomputer Literacy Grant
Bookfest of Champions: Children's Summer Reading Program
- **Mental Health**
Mental Health Management Information System (JOINT AWARD WITH DATA PROCESSING)
- **Probation**
Probation Cadet Youth Volunteer Program
Foster Grandparent Program
Camp David Gonzales Tutorial Program
Judge-In-The-Camp Program
Automated Accounts Receivable System
Presentence Investigation Report Revision Project
Camp Barley Flats
Los Angeles County Probation Department Parent of the Year Program
- **Public Administrator-Guardian**
Public Administrator-Public Guardian Management Information Systems (LAPIS)
- **Public Defender**
Los Angeles Public Defender Bi-Cultural Program
- **Public Works**
Traffic Signals Group Lamp Replacement Program

Computerized Roadside Tree Maintenance Program

Underground Storage of Hazardous Materials

Cultural Awareness

The Board of Supervisors has proclaimed the first week in October, 1985, and each subsequent year, as "Cultural Diversity Week" in the County of Los Angeles. The Board urges all County residents to reflect upon the richness and uniqueness of opportunities available to us because of our multiplicity of cultures.

This proclamation has been distributed to County libraries, museums and schools as a result of the five State-of-County Hearings held in 1984 by the County Human Relations Commission.